



## **BOW STYLES**

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The bow styles are numbered in ascending order. Each bow defines itself by all of its features. If one or more features do not match the intended style, the bow has to be ranked in the next higher style. A new complete check has to be fulfilled. The correct style is found if all features match.

## List of bowstyles:

- SB - Selfbow
- PB - Primitive Bow
- AFc - American Flatbow classic
- AFm - American Flatbow modern
- RBc - Reflexbow classic
- RBm - Reflexbow modern
- TRB - Traditional Recurvebow
- BHR - Bowhunter Recurve

## Applies to all Bowstyles:

### String:

- The string may consist of any material.
- Only one (1) fixed nocking point which can be marked by one or two clamping rings.

### Arrows:

- Only bullet and field tips are allowed.
- The arrowhead should not be wider (in diameter) at any point than at the shaft seat.
- To decelerate the arrow quickly, the diameter of the arrowhead should only open reduce to a maximum length of 5 cm.
- The arrowhead shall not have a longitudinal edge.
- Each arrowhead weight is allowed.
- Nocks may be made of any material.
- They must have the same length, feathering and tips regardless of color.

### For all bowstyles forbidden:

- All bows shall not have any mark at limbs, riser and string which could use as sight. Deemed as an exception is the natural grain of wood.

- „Face-“ and „Stringwalking“.
- Tools for extraction are not allowed, included are marks and paintings on the arrows which are located within the upfront third part.
- Releases are not allowed.
- Leveling instruments are not allowed.
- Rangefinder, binoculars and other aiming tools and their notes are not allowed.
- It is not allowed to change the weight of the bow during a competition.

## Description of bowsytles

### **SB - SELFBOW**

A self-bow is a bow made of one grown piece of wood.

#### **Accepted:**

- Two pieces of wood spliced together in the handle (exception).
- Leather grips and windings around the grip are accepted if not to be used as arrow rest.
- Nocks made of horn or any other natural material at the ends.
- Patch handles made of wood or any other natural material.

#### **Forbidden:**

- A sight window.
- An arrow rest or a shelf.
- Any kind of sinew strengthening (Backing).
- No terrace or edge higher as 3 mm at any part of the wraps or 5 cm above. This would be used as an arrow-rest. Measure: With a caliper.
- Laminated wood. Measuring: The view of the wood shall not be covered/affected by color.
- Bow quiver.

#### **Arrows:**

- Made of wood or bamboo with natural feathers.

**Schießstil:**

- Only Mediterranean style over the back of the hand.

**PB - PRIMITIV BOW**

Long-, recurve- or flatbow made of wood or any other natural material without any synthetic fiber.

**Accepted:**

- Natural material like horn or sinew.
- Laminates of natural materials.
- Grip and tips can be strengthened with natural materials.
- Leather grips and windings around the grip are accepted if not to be used as arrow rest.

**Forbidden:**

- Arrow rest or a shelf.
- Bow window.
- No terrace or edge higher as 3 mm at any part of the wraps or 5 cm above. This would be used as an arrow-rest. Measure: With a caliper.
- Bow quiver.

**Arrows:**

- Made of wood or bamboo with natural feathers.

**Shooting style:**

- Only Mediterranean style over the back of the hand.

**AFC - AMERICAN FLATBOW classic**

(also known in some countries as Longbow)

A bow of any material, which can be either an one piece bow or a multiple pieces bow. Tensioned, the string does not touch the limbs.

**Accepted:**

- An arrow shelf.
- Bow quiver.

**Forbidden:**

- An arrow shelf which exceed the center of the bow.
- The arrow shelf shall not be in parallel to the bow long axis.
- The bow quiver shall not be visible through the sight window.

**Shooting style:**

- Only mediterranean release
- When using a bow quiver, the rating arrows shall be taken only from the bow quiver.

**Arrow:**

- Wood or bamboo.
- Only natural feathers.

**AFm - AMERICAN FLATBOW modern**

(known in some countries as Longbow)

Like Longbow but all material for arrows are allowed.

A bow of any material, which can be either an one piece bow or a multiple pieces bow. Tensioned, the string does not touch the limbs.

**Accepted:**

- An arrow rest.
- Bow quiver.

**Forbidden:**

- The bowquiver shall not be visible through the window.
- The sight window must not run parallel to the longitudinal axis of the bow.
- The bow quiver may not be visible through the sight window.

**Shooting style:**

- Only mediterranean release.
- When using a bow quiver, the rating arrows shall be taken only from the bow quiver.

**Arrows:**

- All materials.
- Only natural feathers.

**RBc - REFLEX BOW classic**

(known in some countries as Horse bow)

A Recurve-bow made of wood or other natural material like horn or sinew without any synthetic fiber, **with static Siyahs**.

**Forbidden:**

- Sight window.
- Arrow rest.
- Bow quiver

**Shooting style:**

- Only Mediterranean release
- or thumb release.
- If Mediterranean release than the shooting is over the back of the hand.

**Arrows:**

- Wood or Bamboo.
- Only natural feathers.

**RBm - REFLEXBOW modern**

(known in some countries as Horse bow)

Same as Reflex bow (RBc), but also synthetic materials for bows and any material for arrows are allowed. It may consist of two parts, with all commercially available plug and disconnect connections being permitted in the handle.

**Forbidden:**

- Sight window.
- Arrow rest.
- Bow quiver

**Shooting style:**

- Only Mediterranean release
- or thumb release.
- If Mediterranean release than the shooting is over the back of the hand.

**Arrows:**

- All materials.
- Only natural feathers.

**TRB - TRADITIONAL RECURVE BOW**

Recurve bow made of wood.

**Accepted:**

- A bow which can be either an one piece bow or a multiple pieces bow. (take down).
- Take down: All parts, particularly the limb-cores shall be of wood.
- Lamination or insert of lamination made of fiber glass or carbon.
- A sight window which exceed the center of the bow.
- The sight window can run parallel to the longitudinal axis of the bow.
- An arrow shelf.
- Bow quiver at the opposite side of the sight window.

**Forbidden:**

- Additional arrow rest.
- Stabilizer.
- Additional weight.
- The bow quiver shall not be seen through the sight window.

**Arrows:**

- Any material.
- Only natural feathers.

**Shooting style:**

- Only Mediterranean release or under grip. Changing of the grip is not allowed.
- When using a bow quiver, the rating arrows shall be taken only from the bow quiver.

**BHR - BOWHUNTER RECURVE**

A recurve bow made of any material.

**Accepted:**

- A bow which can be either an one piece bow or a multiple pieces bow. (take down).
- A window which exceed the center of the bow.
- An Arrow rest
- Bow quiver at the opposite side as the sight window.
- The sight window can run parallel to the longitudinal axis of the bow.
- A straight stabilizer also with coupling appliance at a maximum length of 30,5 cm as measured by the front of the bow center section.
- The treated insert in the center section is part of the stabilizer and adds on

**Forbidden:**

- Forked Stabilizer.
- Counterweight.
- Modify the bow-tension during the round.

**Arrows:**

- Any material.

**Shooting style:**

- Only Mediterranean release or under grip. Changing of the grip is not allowed.
- When using a bow quiver, the rating arrows shall be taken only from the bow quiver.